



Animal Alternatives Holistic Health Clinic
Anne Lampru, DVM, CVA
Linda Register, DVM
 238 E Bearss Ave • Tampa, FL 33613
 Phone: (813)265-2411 • Fax: (813)962-4477



Greetings!

Welcome to Animal Alternatives Holistic Health Care Clinic.

*As the guardian of your pet, you are entrusted with his or her life and well being.
 Thank you for allowing us to participate in your quest for good health.*

We have put this package of information and questionnaires together in order to make your evaluation as effective as possible. This will help us to form a synopsis of your pet and his or her condition and determine what would be best to help your pet continue to be healthy or regain his or her health.

Please read over the information, fill out the questionnaires and return them to us with a copy of their medical records (not invoices). Then send a deposit check of \$50.00, dated and signed the day you fill it out. (Sorry no credit cards at this point.) The deposit check will be held until your appointment time and will go towards the appointment fee. If you wish to cancel your appointment you must do so 72 hours in advance and we will gladly return your check. If you do not cancel 72 hours prior to your appointment time your check will be deposited as a missed appointment fee. Please use a black ink pen to fill out the information sheets and use ink pen to sign this form and the treatment authorization on the client information sheet. Please return this form, your deposit check and the rest of the paperwork. When we receive these we will call you to arrange the first available evaluation time that will work for you. (Usually between 1 to 2 weeks.)

Prior to your pets appointment please 'borrow' any x-rays from your primary care veterinarian. Dr. Lampru will review these during your appointment, then you will need to return them to your veterinarian. (You are entitled to a copy of your pet's medical records but any x-rays must be 'borrowed'.)

We look forward to meeting you and your animal companion. Dr. Lampru and her staff are dedicated to helping you determine how your pet can live life to its fullest potential.

Signature _____

Date _____



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CLIENT INFORMATION

Date: _____
 Last Name: _____ First Name: _____
 Mailing Address: _____ County: _____
 City: _____ State: _____ Zip: _____
 Billing Address: _____ County: _____
 City: _____ State _____ Zip: _____
 Home Phone: (_____) _____ - _____ Fax: (_____) _____ - _____
 Mobile/Pager:(_____) _____ - _____ Email: _____
 DL# _____ Exp: _____ State: _____
 Co-Owner Info: _____ Phone: (_____) _____ - _____
 Address: _____ County: _____
 City: _____ State _____ Zip: _____

Client Work Information

Company: _____
 Business Type: _____ Position: _____
 Address: _____ County: _____
 City: _____ State _____ Zip: _____
 Work Phone: (_____) _____ - _____ Work Email: _____
 Work Fax: (_____) _____ - _____

PATIENT INFORMATION

Name	Species	Breed	Color	Sex sp/neu	Birth Date
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

I authorize Dr. Anne Lampru and Dr. Linda Register and/or their assistants to treat the listed patients.
 I understand that the success of treatment can not be guaranteed.
 I understand that payment for services is due at the time they are performed.

Signature: _____

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Please be sure to get the *written records* from
your other Veterinarians, **not** the *computer
printouts*. Also, please be sure to bring any *lab-
work and radiographs* pertaining to your pet's
health problems.

If you are unable to deliver these items to us in
advance, please come 15 minutes before your
scheduled appointment time.

Please be aware there is a 5.00 file set-up fee for all new clients.

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Holistic Healing for your Pets

To understand how many of the holistic methods of healing are able to encourage an individual to heal themselves or regain a state of well being you first must understand that we (and our pets) are more than physical bodies inhabiting space. There is also an emotional/mental aspect, an energy body and a spiritual body. It is through our 5 senses of taste, hearing, smell, sight and touch that we know we are here physically. But, it is our life force energy that gives our body movement, our emotional/mental self that gives us desire and our spiritual self that gives us purpose and meaning.

We are born with a certain blueprint encoded on our genetic DNA, but we are also born with illness patterns that are the basis for each new generation's core health. To this core is added each new insult to our vital health, whether it be exposure to bacteria or viruses (naturally or by vaccine injection); excess heat, cold, wind, damp or dryness; injury or surgery; or toxins in our food, water or environment. In other words, the multitude of things that can happen to us all! Each of these insults adds another layer to our core.

When we are young we have more energy, more vitality. When we have this strength we are able to handle a lot of insults and rebound from them without permanent impact on our health. As we age, we are not able to do this as efficiently and our bodies start to break down. The area of our body that has a problem is that area that inherently is our "weak spot" or has sustained a great deal of insult or injury. When we are not able to heal ourselves we get stuck in illness symptoms. These symptoms are our body's attempts at healing. These symptoms are usually regarded as unpleasant and the conventional medicine way of dealing with them is to suppress them and get rid of them as soon as possible. Unfortunately, this suppresses our vital force from ridding our body of the current insult, so the problem is driven to a deeper level. The body is marvelous in resurfacing this buried illness and will do its best to bring it out and get rid of it. If our surface symptoms are suppressed strongly enough or often enough, the disease will then manifest on a deeper level. We may think they are gone, but they have really only moved to a new location!

Traditional Chinese medicine and acupuncture work by helping restore a healthy balance to the energy pathways of the body. This helps the body to work in as efficient a way as possible. Acupuncture therapy can be done with finger pressure, with small beads or tacks, solid needles, injection of liquids (aquapuncture), electrical impulses (electroacupuncture), or by insertion of gold or silver-plated beads or wires into acupuncture points. I have found neural therapy aquapuncture (B-12, lidocaine and saline injections) to be the most successful treatment for my patients with arthritis (as happens with hip dysplasia or spinal spondylosis).

Homeopathy helps individuals heal themselves by influencing the energy body's interface with the physical body. Through the patient's symptoms, responses to the insults that life has thrown out, basic personality traits and clinical history the homeopathic physician is able to formalize a "picture" of that patient. This homeopathic "portrait" is then correlated with the most appropriate remedy for that individual at that point in time. This allows the body to heal itself by exteriorizing and resolving illness. Single homeopathic remedies are all that is needed in acute problems but for those individuals with chronic disease it takes well chosen remedies given at the correct strength and time intervals to bring one to a state of good health and well-being.

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Acupuncture Therapy

The traditional Chinese medicinal therapy of acupuncture is well known for its ability to facilitate healing of wounds and relieve the pain associated with musculoskeletal ailments. It also can be used to encourage the body to heal medical problems! Through the insertion of needles into key “electrical” points of the body the patient is encouraged to rebalance their body’s energetic pathways. This allows them to function with greater efficiency. Initially, acupuncture treatments are done one to two times a week. Once improvement is noticed (usually 2 to 8 treatments) the treatments are continued as needed to maintain the improvement. After the patient has responded to their maximum benefit, treatment is done on an as needed basis. These “tune-ups” are generally done every 1 to 4 months. Some acute problems completely resolve and the patients will not need further treatment for that condition. Some patients with chronic illness problems will need to have tune-ups on a regular basis to keep them as comfortable as possible. Chinese herbal medicines help ‘feed’ the physical body, can moderate symptoms and can encourage healing.

ACUPUNCTURE TECHNIQUES

***Acupressure** – massage of acupuncture points usually with the fingers.

***Acupuncture** – insertion of fine taper point solid needles into acupuncture points. These are left in for variable amounts of time, depending upon the desire to sedate or tonify the acupuncture point(s), usually 10 to 20 minutes.

***Electrical acupuncture** – insertion of taper point solid needles into the acupuncture points with stimulation of these points by mild electrical impulses. This works well for those cases that have paralysis of muscle groups or nerves, (as long as the nerve’s myelin sheath is intact).

***Aquapuncture** – insertion of liquid (usually B-12) into the acupuncture points through small gauge needles. This technique works well for the pets that do not like to hold still for the time needed for acupuncture. In my experience most pets with epilepsy or musculoskeletal problem like arthritis, disk disease or hip dysplasia respond better to this or the next treatment method.

***Neural therapy aquapuncture** – insertion of small amounts of lidocaine into acupuncture points. This is very useful in arthritis, hip dysplasia, vertebral spondylosis, disk disease, epilepsy and maladies due to scar formation. A combination of Vitamin B-12, lidocaine and normal saline mixed together has produced the best of all my acupuncture techniques, for the maladies listed above.

***Implant acupuncture** – insertion of gold wire, silver wire, silver-plated beads or most often gold plated beads in acupuncture points. These are used to continually treat acupuncture points. Most often used for hip dysplasia, ventral spondylosis of the back and epilepsy control. It is best to see an improvement from one of the above treatment methods before this surgical technique is done.

ACUPUNCTURE CHARGES

*Acupuncture initial evaluations are one to one and a half hours in length and cost \$140.00.

*Acupuncture treatment charges range from \$45 to \$75 depending on the method.

*Each acupuncture visit has a \$25 brief acupuncture recheck fee plus the acupuncture treatment charge. On the 5th, 10th, 15th, etc visits, or if there has been more than 5 months since the last treatment, there may be a reassessment charge of \$50 and the appropriate treatment charge.

*Implant surgeries have variable charges according to the patient’s needs and materials used.

*Radiographs are \$80 for 2 views and \$30 for each additional view.

*For those patients who are too uncomfortable or painful for the X-ray procedures, I highly recommend sedation or general anesthesia (\$72 to \$95).

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CANINE VACCINATION PROTOCOL USING CONVENTION VACCINATIONS

---Remember, young puppies also have a young immune systems and are susceptible to contagious diseases! Do your best to keep them away from a lot of exposure until their immune system gets older and more effective. This means limited trips to the park or walks in the neighborhood! It is important to socialize your puppy but do not expose her/him to dogs or places that might be highly contagious.

---Plan A—This vaccination protocol separates the parvo and the distemper vaccines. The puppy will need to be seen every 2 weeks, alternating the parvo and the distemper. This limits the number of virus exposure per vaccine, but increases the amount of adjuvants (immune stimulants) that the pup is exposed to. The times must be followed closely, as we should have a max of 4 weeks between the vaccines.

8 weeks-distemper (or distemper/hepatitis/parainfluenza-- DHP) 10 weeks-parvo
12 weeks-distemper (or DHP) 14 weeks- parvo

---Plan B ---This protocol combines the parvo with the DHP. As early as 6 weeks of age but preferably after 8 weeks of age start with a DHP & P vaccine. Repeat this vaccine every 3 ½ to 4 weeks until the puppy is over 12 to 14 weeks of age. (For those breeds that have an increased susceptibility to parvo virus you may want to give one more parvo vaccine at 7 to 8 months of age.)

---Leptospirosis—there are 4 'serovars' or types of leptospira. The 2 that have been in vaccines for a long time appear to be a low threat now. There are 2 newly recognized serovars that have emerged as potential causes of canine leptospirosis, (febrile illness, liver disease and acute kidney failure). The primary reservoirs for these new serovars are raccoons, opossums, skunks and rodents. There is no cross-protection between the different serovars and the duration of protection may only be short lived. I do not routinely vaccinate for leptospirosis at this point in time.

---Rabies vaccination can be given as early as 12 weeks of age but I prefer to vaccinate between 4 to 6 months of age.* The county requirement for rabies is that it be done by 4 months of age. This first rabies vaccination should be of the one year type.

---I generally do not recommend the bordatella (kennel cough) vaccination unless the pup is going to be at a facility that requires it, (boarding kennel, groomers, show circuit or training facility). (There is a homeopathic nosode that may give a temporary level of protection.)

---I recommend corona virus vaccination only for a puppy that will be at high risk (i.e. a household that has had corona virus problems or a young puppy that has a high exposure potential.)

---I do not suggest the lyme vaccination unless your dog is traveling to an area with high exposure potential. There is debate, especially in the human field, about the safety and efficacy of this vaccine.

---I do not, at this point, suggest the giardia vaccine.

---One year after the puppy series is finished I suggest the rabies vaccine, the distemper (or DHP) vaccine and the parvo vaccines be repeated, either separately, (with at least one month between each vaccination), or with the a rabies vaccination being followed in one month with a DHP & P combo vaccine. (This second protocol minimizes the amount of adjuvant given.) This rabies vaccination can be the 3 year type as long as the local ordinances acknowledge that duration of immunity.

---At age 3 the dog should get a parvo vaccination, which is then repeated, at most, every 3 years. Or we can start doing parvo vaccination titers on an annual basis and repeat the vaccine only when the 'protective antibody level' has decreased to a less than the currently accepted protective levels.

---At age 4 the dog should get a distemper vaccination or start having titers run to determine when it would be most appropriate to give a booster vaccination. (The duration of immunity to distemper may be as long as 5 to 10 years if the above protocol has been followed.)

---At age 4 a rabies vaccination (3 year type) should be given, then the rabies should be repeated every 3 years. (Of course, as long as your county will acknowledge the 3 year duration of immunity.) If your pet has demonstrated serious illness directly due to vaccination(s), then a medical exemption will be required to exempt your pet from vaccination.. Titer levels can be done to try to determine if there is an antibody present, but the county does not recognize this test. Remember, rabies is a potential threat to human health and therefore can be a legal issue so we need to follow acceptable protocol as closely as possible.

---I do suggest physical exams, heartworm tests and fecal tests be done on a yearly basis.

---I do suggest heartworm prevention be given, I recommend the monthly preventatives Heartgard, Heartgard Plus or Interceptor. (The new monthly preventative, Advantage Multi is probably as safe as any of the other monthly preventatives.) I do not trust Revolution or the heartworm nosode to protect against heartworm infection.

---Remember, the best protection is a HEALTHY IMMUNE SYSTEM and minimal exposure to viruses, either via vaccines or by natural exposure. High quality nutrition, toxin free air and water, exercise and a loving home environment are essential components of a healthy life.

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FELINE VACCINATION PROTOCOL USING CONVENTIONAL VACCINATIONS

---Remember, young kittens also have young immune systems and are susceptible to contagious diseases! Do your best to keep her/him away from a lot of exposure until their immune system gets older and more effective. This means limited trips to visit kitty friends. It is important to socialize your kitten but do not expose him/her to cats or places that might be highly contagious.

---Kittens over 8 weeks of age-give FVRCP (feline viral rhinotracheitis, calicivirus and panleukopenia; i.e. the 'distemper' shot). Repeat this vaccination in 3 to 4 weeks, the last vaccination should be when the kitten is over 12 to 14 weeks of age.

---Rabies vaccination-kittens can be given the rabies vaccination at 12 weeks of age, but I prefer to wait until they are at least 4 months old. This rabies vaccination should be the 1 year type.*

---I prefer for rabies and FVRCP vaccinations to be given separately and at least one month apart.

---I do not recommend the vaccine for chlamydia, a respiratory virus, unless it is a household or cattery that has had problems with this virus.

---I do not give feline leukemia (feleuk) vaccinations unless the kitten will be an outside cat and will be at risk of being bitten by feleuk positive cats. They should then receive 2 doses given 3 to 4 weeks apart then repeated yearly.

---I do not recommend the vaccine against feline infectious peritonitis (FIP) unless the kitten will be at high risk of exposure, (i.e. in a household with FIP infected cats). I believe this is primarily a health threat for young kittens so I do not suggest annual revaccination.

---I do not recommend the vaccine against ringworm.

---The FVRCP vaccination should be repeated one year after the last kitten FVRCP vaccination and the rabies should be given 1 year after the initial kitten rabies vaccination, preferably with the 3 year type.* I would suggest separating these vaccinations by at least one month. Remember, rabies is a potential threat to human health and therefore can be a legal issue, so we need to follow acceptable protocol as closely as possible.

---I then suggest the FVRCP vaccination be given at age 3, then, at most, given every 3 years. The latest research suggests that the respiratory portion of the FVRCP vaccine may only last 2 to 3 years, but the panleukopenia portion may last longer than that. A blood test that determines the level of 'protective antibody' (i.e. 'titer') can be done for the panleukopenia, (distemper), fraction of this vaccine. This can determine when a vaccine would be indicated. In totally inside cats with no exposure potential booster FVRCP vaccinations may be given more infrequently.

---The rabies vaccination should be given every 3 years,* as long as the 3 year type is used and the local ordinances acknowledge 3 year duration of immunity for the 3 year vaccine. For those individuals who have shown adverse reactions to vaccines a medical exemption would have to be issued to exempt your cat from vaccination. An antibody titer can be done to determine the level of protection against rabies but this test is not recognized by the county at this time.

---I do suggest physical exams and fecal tests be done on a yearly basis. Remember, the best protection is a HEALTHY IMMUNE SYSTEM. High quality nutrition, toxin free air and water, exercise and a loving home environment are essential components of a healthy life.

*Homeopathic Lyssin 30c can be given to any patient receiving a rabies vaccine if that owner would like to 'protect' their pet from the potential harm that homeopathic theory believes that rabies vaccine can cause. Or constitutional homeopathic treatment can be started after vaccines are stopped.

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HOLISTIC MEDICINE

Holistic medicines and supplements can best help individuals with their health concerns when their entire 'picture' of health is understood. To be able to choose the correct supplements or treatment regimen the holistic physician must understand the patient's complete pattern of disease. This includes knowing what physical, mental/emotional, and spiritual difficulties the patient has exhibited throughout their entire lifetime. Of course, it is easier to know a person's spiritual and mental/emotional difficulties, since they usually can tell us. With our animal friends, we have to use mostly what physically has happened; especially important is what response they had to the difficulties they have had, as this individualizes them. These symptoms of illness are evidence of the body's natural and automatic efforts to heal itself, and these clues are used to guide the homeopathic physician to the correct single remedy. But what is extremely valuable is anything about the patient that makes them different from other individuals, including temperature preferences, drinking or eating habits, personality traits, likes or dislikes fears, etc. This is how you "know" your pet. I am more interested in what your pet did, what symptoms he or she had, what reactions she or he had to the insult(s) on their vital force than what the medical 'diagnosis' was.

I know this can be a lot of information – try to be as concise as possible (brief but not too brief!).

Remember – The most helpful information is **what individualizes** your pet. How they, as a **unique individual** have responded to the trials and tribulations of life!

BRING COPIES OF YOUR PET'S PREVIOUS RECORDS
(written records, not computer print-outs please) AND LAB WORK.
PLEASE BORROW AND BRING ANY PAST X-RAYS.

Please answer the following questions:

Pets name _____ Breed _____ Age _____

Sex(spayed/neutered) _____ Color _____ Weight _____

1. Are there any other pets in the home?
2. What human companion(s) does your pet have?
3. What kind of environment does your pet live in?
4. Does your pet get outdoors very much?
5. How much exercise does he/she get?
6. Do you live in a house? Mobile home? Apartment? Condo?
7. What is the temperament of this pet? Is there any irritability or aggression? Jealousy? Is it calm or excitable? Is there anything (strangers, loud noises such as thunderstorms, firecrackers, and loud voices) which causes fear?

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A Self Help Guide to Bach Flower Remedies

Briefly think about your pet and then grade each of the flower essences according to how they fit his or her personality. The scale will be a 0-10 rating. Zero being "does not fit at all," five being "kind of fits" and ten being "fits exactly." Try to match the numbers as closely to what fits their personality. We will choose 4-6 of the most appropriate Bach Flower essences to put into his/her remedy mixture.

Owner _____ Pet _____ Date _____

- ___ **Agrimony-** For those wishing not to burden others with their troubles and cover up their suffering behind a cheerful façade. They are distressed by argument or quarrel and may seek escape from pain and worry through the use of drugs or alcohol.
- ___ **Aspen-** For those who experience vague fears and anxieties of unknown origins. They are often apprehensive and full of foreboding.
- ___ **Beech-** For those while desiring perfection easily find fault with people and things ,critical and at times intolerant. They may over react to small annoyances. And idiosyncrasies of others.
- ___ **Centaury-** For those who are over anxious to please, often weak willed and easily exploited or dominated by others. As a result they may neglect their own interests.
- ___ **Cerato-** For those who lack confidence in their own judgement and decision. They constantly seek advice of others and may often be misguided.
- ___ **Cherry Plum-** for those who fear losing mental and physical control of doing something desperate. May have some impulses to do things thought or known to be wrong.
- ___ **Chestnut Bud-** For those who fail to learn from experience, repeating the same patterns and mistakes again and again.
- ___ **Chicory-** For those who are overfull of care for others and need to direct and control those who are close to them.They are generally possessive, always finding something to correct or put right.
- ___ **Clematis-** For those who tend to live in the future, lack concentration, are daydreamers,drowsy or spacey and have halfhearted interests in their present circumstances.
- ___ **Crab Apple-** For those who may feel something is not quite clean about themselves, or have a fear of being Contaminated. For feelings of shame or poor self image. For example, thinking oneself not attractive for one reason or another. When necessary, may be taken to assist in detoxification, for example during a cold or while fasting.
- ___ **Elm** – For those who at times experience momentary feelings of inadequacy, being overwhelmed by their responsibilities.
- ___ **Gentian-** For those who before easily discourage by small delay or hindrances. This may cause self doubt.
- ___ **Gorse-** For hopelessness and futility when there is little hope of relief.
- ___ **Heather-** For those who seek companionship, of anyone who is to listen to their trouble. They are generally good listeners and have difficulty being along for any length of time.
- ___ **Holly-** To be used when troubled by negative feelings such as envy, jealousy, hate, suspicion, revenge. Vexations of the heart, states indicating a need for more love.
- ___ **Honeysuckle-** for those dwelling in the past, nostalgia, homesickness, always talking about the good old days , when things were better.
- ___ **Hornbeam** – For the Monday morning feeling of not being able to face the day. For those feeling that some part of the body or mind needs strengthening. Constant feelings of fatigue and tiredness.
- ___ **Impatients-** For those quick in thought and action, who require all things to de done with out delay. They are impatient with people who are slow and prefer to do work alone.

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- ___ **Larch** - For those who despite being capable, lack self confidence or feel inferior. Anticipating failure, they often refuse to make a real effort to succeed.
- ___ **Mimulus** – for fear of known things such as height, water, the dark, other people, of being alone.ect. Often shy and timid.
- ___ **Mustard** – For deep gloom which comes on for no apparent reason, sudden melancholia or heavy sadness. Will lift just as suddenly.
- ___ **Oak** – For those who struggle on despite despondency from hardship, even when ill and over worked, they never give up.
- ___ **Olive** – For mental and physical exhaustion, sapped vitality with no reserve. This may come on after an illness or personal ordeal.
- ___ **Pine**- For those who feel they should do or should have done better. Who are self reproachable or blame themselves for mistakes of others. Hardworking people who suffer from as much fault as they attach themselves. They are never satisfied with their success.
- ___ **Red Chestnut**- For those who find it difficult not to be overly concerned or anxious for others. Always fearing something wrong may happen to those they care for.
- ___ **Rock Rose**- For those who experience states of terror, panic, and hysteria, also when troubled with nightmares.
- ___ **Rock water**- For those who are very strict with themselves in their daily living. They are hard masters to themselves struggling toward some ideal or to set an example for others. This would include strict often rigid adherence to a living style or to religious, personal or social disciplines.
- ___ **Scleranthus**- For those unable to decide between two things, first one seeming right then the other. Often presenting extreme variations in energy and mood.
- ___ **Star of Bethlehem**- For grief, trauma, loss. For the mental and emotional effect during and after trauma.
- ___ **Sweet Chestnut** – For those who feel they have reached the limits of their endurance. For those moments of deep despair when anguish seems to be unbearable.
- ___ **Vervain**- For those who have strong opinions and who usually need to have the last word. Always teaching or philosophizing, they are easily incensed by injustice. When taken to extreme they can be extremely argumentative, overbearing and intense in their fanaticism, needing to put the world right.
- ___ **Vine**- For those who are strong willed leaders in their own right, who are unquestionably in charge. However, when taken to an extreme they may become dictatorial.
- ___ **Walnut**- Assists in stabilizing emotional upsets during transitional periods, such as puberty, adolescence and menopause. Also helps one to break past links and emotionally adjust to new beginnings such as moving, changing or taking a new job, beginning or ending a relationship.
- ___ **Water Violet**- For those who are gentle, independent, aloof, and self reliant, who do not interfere in the affairs of others and when ill or in trouble prefer to bear their difficulties alone.
- ___ **White Chestnut**- For constant and persistent unwanted thoughts such as, mental arguments, worries, or repetitious thoughts, that prevent peace of mind and disrupt concentration.
- ___ **Wild Oat**- For the disassociation with not having succeeded in one's career or life goal. When there is unfulfilled ambition. Career uncertainty or boredom with one's present position or station in life.
- ___ **Wild Rose**- For those who for no apparent reason have resigned themselves to their circumstances. Having become indifferent, little effort is made to improve things or find joy.
- ___ **Willow**- For those who have suffered some circumstance or misfortune which they feel was unfair or unjust. As a result they become bitter toward those who they feel were at fault.

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Holistic Resources

Natural Health for Dogs and Cats, Richard Pitcairn, DVM, Ph.D., and Susan Pitcairn
Homeopathic Care for Cats and Dogs, Don Hamilton, DVM
Homeopathic Treatment of Small Animals, Christopher Day
Cats: Homeopathic Remedies, or *Dogs: Homeopathic Remedies*, George MacLeod
Homeopathic Medicine at Home, Maesimund Panos, M.D. and Jane Heimlich
The Complete Herbal Handbook for the Cat and Dog, Juliette de Bairacli Levy
New Choices in Natural Healing for Dogs & Cats, Amy d. Shojai (Rodale Press)
Natural Healing for Dogs and Cats, Diane Stein
The Holistic Guide for a Healthy Dog, Wendy Volhard and Kerry Brown, DVM
Natural Dog Care, Celeste Yarnall
The Encyclopedia of Natural Pet Care, C.J. Puotineu
Give Your Dog a Bone, Ian Billinghurst
Grow Your Pup with Bones, Ian Billinghurst
Four Paws Five Directions' A Guide to Chinese Medicine for Cats and Dogs', Cheryl Schwartz
Love, Miracles & Animal Healing, Allen Schoen
"T Touch Therapy", Linda Tellington-Jones (available in book and video)
Reigning Cats and Dogs, Pat McKay
The Healing Touch, Dr. Michael W. Fox

Organizations

The American Academy of Veterinary Acupuncture Phone/fax 303-772-6726
PO BOX 419 AAVAoffice@aol.com
Hygiene, CO. 80533-0419

Academy of Veterinary Homeopathy 305-652-1590
751 NE 168th Street avh@naturalholistic.com Fax 653-7244
North Miami, FL 33162-2427 www.theavtt.org auhlist@naturalholistic.com

American Holistic Veterinary Medical Association 410-569-0795
2214 Old Emmerton Road FAX 410-569-2346
Bel Air, MD 21015 www.AHVMA.org

American Veterinary Chiropractic Association 309-658-2920
623 Main Street [AMVetChiro @aol.com](mailto:AMVetChiro@aol.com)
Hillsdale, IL 80502

Florida Holistic Veterinary Medical Association 305-652-5372
751 NE 168th Street docb@naturalholistic.com Fax 652-7244
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